

**YOU CAN CLEAR THE AIR.**

*Count to 10,  
Car off then!*



There are lots of rules to remember when driving, but here's an easy one! The 10-second rule. If you'll be idling in the parking lot or drive-thru for more than ten seconds, simply turn off your car to use less fuel and reduce pollution.

*A lot of lungs are counting on us!*

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**IDLE FREE**

**KAIRE**

# IDLING FAST FACTS

- According to the U.S. Environmental Protection Agency, idling for more than 10 seconds uses more fuel than restarting your engine.
- Idling your vehicle is not an effective way to warm up your car. The best way is to drive it.
- Restarting your car has little impact on its engine or battery.
- Excessive idling is actually hard on engines and can damage cylinders, spark plugs and exhaust systems.
- Just 10 minutes of idling per day at the drive-thru window or in the car rider lane adds up to an average of 22 gallons of gasoline a year.
- Children are at especially high risk for pollution-related breathing problems. They breathe faster, inhale 50% more air per pound of body weight, and are closer to the ground (and thus tailpipes) than adults.

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